

Autumn in a Bottle

Ready to wave goodbye to the lingering summer heat? A whiff of one of these evocative scents is almost as blissful as the arrival of al fresco-friendly weather.

Like clockwork, the second the Middle East's steamy summer climes start cooling down, people start smiling more. It's no surprise that the tail end of the season that sees us cooped up indoors with the soothing whir of the AC as our only breeze cheers us up: Numerous studies have shown that spending time outside can not only relieve stress, but can make us happier too. Research has also found that perfume can play its part in lifting our spirits—aromatherapy, anyone? The aromas we often associate with autumn are usually heavy on the spices, but our upside-down regional weather means we tend to blur the lines between traditional cool-weather scents and the fruitier, citrusy notes of the summertime. But that's okay—it just means we can take more liberties when matching our perfumes to our moods come September through May. Here are some of our top picks that blend the best of both worlds: The sweet light florals and zesty fruits for days in the sunshine, followed by the sultry woodiness of long, late night walks along the marina...



1 Princesse Marina de Bourbon Royal Marina Diamond

Inspired by the heritage of French royal families and precious gems, this elegant and luxurious scent will make you feel as graceful as a queen. Bonus: The unique coffrette with its fleur de lys stopper will look decadent on your dressing table. *Dhs294, Souq.com.*

Beauty Buzz



4 Dolce & Gabbana Intense

The ultimate olfactory equivalent of a sleek little black dress, channel your vampy side with this strong, majorly sensual scent. Tuberose and neroli balance out a sweet marshmallow and sandalwood base. *Dhs509, Harvey Nichols.*



5 Nuxe Prodigieuse Le Parfum

Borrowing the scent from their top-selling body oil, vanilla and coconut milk blend with orange blossom and mandarin orange for that chic air of je-ne-sais-quoi. *Dhs249, Boots.*

2 Miller Harris La Fumée Ottoman

Big into rich oriental fragrances? Inspired by the exotic Ottoman Empire, this limited bottle blends Turkish rose, incense and hints of smoke and spice for a dramatic spritz. *Dhs675, Bloomingdale's.*

6 Hugo Boss Jour Pour Femme

Take your office power hours to the next level with this citrus based scent. Grapefruit blossom and lime will keep you lively, while a delicate bouquet will keep you energised and inspired. *Dhs393, Paris Gallery.*

3 Lolita Lempicka Elle L'Aime

Pick this warm, uber-feminine and confident option that boasts accords of bergamot, neroli, and lime, coconut, jasmine and ylang-ylang and you'll feel like you're floating in the lovers' corner of Cloud Nine. *Dhs265, Areej.*

7 Victoria's Secret Night Eau de Parfum

Strut like a super with one spritz of this sexy, glamorous scent. It holds notes of black plum, luscious apple, and sultry musk, ideal for after dark. *Dhs260, Victoria's Secret.*





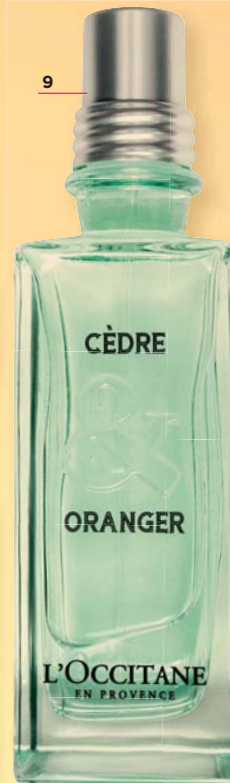
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Estée Lauder Sensuous Noir

Release your inner femme fatale with this powerfully seductive, amber-heavy scent. *Dhs350, Harvey Nichols.*

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Escada Joyful

Put a spring in your step with this playful, uplifting, whimsical perfume. Fresh and fruity, it'll make you want to seize the day. *Dhs395, Paris Gallery.*

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L'Occitane en Provence Roses et Reines Eau de Toilette

Lovers of traditional rose scents will go wild for this rambling blend of Bulgarian, Grasse, Moroccan and Turkish rose. Sweet, powdery and classic. *Dhs259, L'Occitane.*

13

Thierry Mugler Miroir Des Joyaux Eau de Parfum

Transport yourself to gold-bedecked and jewel-stricken palaces with this illuminating blend of Bulgarian rose, bergamot, gaïac wood and patchouli, made exclusively for the Middle East and ideal for dinner dates amidst the desert sands. *Dhs570, Bloomingdale's.* ■

8

Herra Hair Care Protect Hair Perfume

Who says perfume is just for your skin? This clever multi-tasking hair spray weightlessly protects and hydrates your quenched strands while delicately perfuming with a distinctly feminine fragrance. *Dhs185, Bloomingdale's.*

9

L'Occitane en Provence Cèdre & Oranger Eau de Toilette

If you're a sucker for masculine scents, nick this sparkling woody blend from the boys. Sharp, light and spicy, don't be surprised if your man claims this unisex-friendly scent. *Dhs299, L'Occitane.*



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